



Planning Activities for Year 10 in Term 4? Want to do something meaningful and useful?

“PREPARING FOR SENIOR STUDIES”

In this 2 hour session Year 10 will:

- 1 Discover their personal ‘WHY’ because finding meaning and purpose to the senior years makes it a more meaningful experience
- 2 Learn how to push past procrastination and be more motivated for school
- 3 Learn how to be efficient and effective with their study habits
- 4 Manage exam stress and improve their marks with regular study notes
- 5 Reframe success and failure and build more grit and perseverance
- 6 Learn the secrets of success that comes with small actions and continual improvement
- 7 Become more organised with strategies they can implement in the holidays before Year 11 starts
- 8 Learn how to set goals and achieve them for both the senior years and beyond

Year 10: Preparing For Senior Studies

2Hr Session For Year 10 In Term 4

Developed jointly by Dr Prue Salter (ELES: www.enhanced-learning.net) and Rocky Biasi (Human Connections: www.humanconnections.com.au) this 2 hour session run by the dynamic Natalie Borg is perfect for Year 10 anytime during Term 4.

Based on Prue and Rocky's popular resource SECRETS TO SENIOR SCHOOL SUCCESS this session gets Year 10 ready with both the study skills and mindset techniques they will need to be ready for Year 11 next year.

Even better - you don't have to run it as we do it for you!

This has been a wildly successful session with comments from teachers:

- 'Exactly what they needed to hear.'
- 'Who would have thought the boys would be so engaged for 2 hours, I really thought they would need a break.'
- 'This is so useful for setting the girls up for next year.'
- 'You know it is good when Year 10 boys come up after the session to say thanks personally!'

Many schools are looking for PRACTICAL AND USEFUL things to do with Year 10 in Term 4 and this session fits the bill perfectly.

Year 10 parents will be super impressed.

Bookings are open now for 2020 Term 4 (Wednesdays not available sorry) so don't miss out!

Cost is **\$2000 + GST** for the 2Hr Session

Email Natalie at natalie@humanconnections.com.au to secure your date!

NOTE 1: The space for the session needs to have rows of chairs, but also space for students to break out into groups sitting on the floor. A large screen, data projector and microphone are also required. Handouts to be copied for the students will be sent prior to the session.

NOTE 2: It is an advantage if your school also subscribes to the [Study Skills Handbook](#) or the [Study Samurai Library](#) as for those schools we can recommend to Year 10 the units they can do over the holidays to build their skills in areas of weakness. Plus there are lots of great resources available on the site such as grids and planners. For more information on these subscriptions email Prue at info@enhanced-learning.net.

NOTE 3: You can also do your own follow-up by purchasing the PDF resource SECRETS TO SENIOR SCHOOL SUCCESS. This resource can also be used as a pre-cursor to the Year 10 or Year 11 sessions - the sessions get students to look at the topics in a different and more interactive way than the worksheet sets. Visit www.enhanced-learning.net

NOTE 4: This session is a great precursor to the Year 11 sessions (1.5hrs) where we go into much more detail once students have started Year 11 and have a better frame of reference for senior learning. Year 11 follow-up sessions are 'Achieving Your Personal Best' (with Prue, about study skills – email info@enhanced-learning.net) and 'Getting Your Head Right for the HSC' (with Natalie, about well-being and mindset – natalie@humanconnections.com.au).

If students have done the Year 10 session first, this helps to deepen the learning for the Year 11 sessions. Seeing the students across the 2 years will have a much greater impact. There are also alternate sessions available for Year 10 if you want to do a session earlier in the year. When long travel times are required schools may need to book both a Year 10 and Year 11 session on the same day in order for the sessions to go ahead.